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NORTH DAKOTA STATE DEPT. OF HEALTH  
FILMS AND HEALTH PAMPHLETS 1943-44

WA 18 N864f 1943

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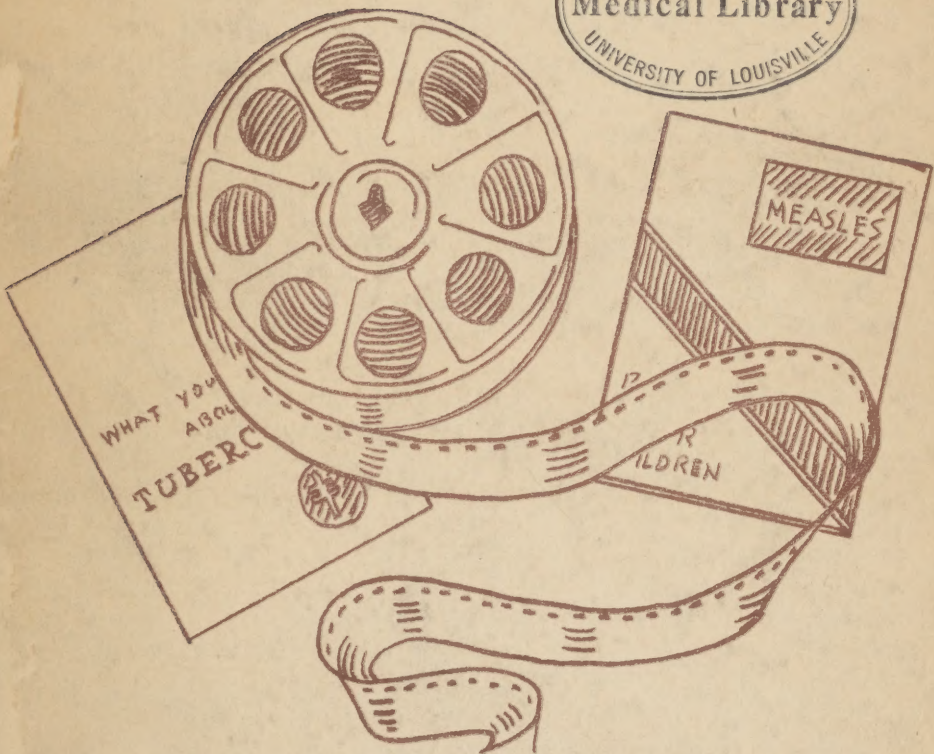
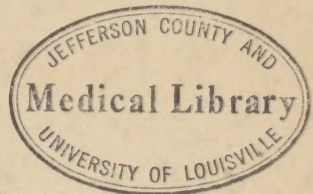


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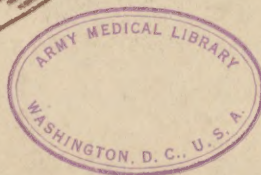
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FILMS  
AND  
HEALTH PAMPHLETS  
1943-'44



NORTH DAKOTA STATE DEPARTMENT OF HEALTH  
BISMARCK, NORTH DAKOTA





**SCIENTISTS ARE MAKING DISCOVERIES  
EVERYDAY. LET US AT LEAST KNOW  
THAT THEY ARE MAKING THEM**

G-11 June 48

PASTE YOUR SUPPLEMENTARY FILM LISTS  
HERE

(From time to time between July 1943 and July 1944 supplementary film lists will be issued.)

2. Films are loaned on a non-rental basis. The user is asked to pay return transportation charges.

3. When booking films please specify exact day or days on which the films are to be used. If you desire to use the same film at several meetings, they may be booked continuously provided the meetings are not over two or three days apart. Films should be returned to the State Film Office.

4. Our supply is limited and we suggest that requests be placed at least two weeks and preferably four weeks in advance.

5. Films should be returned immediately after the last showing for which they are booked.

6. Some films cannot be used at silent projectors without permanent damage to the films.

7. All films listed are 16 mm. in size and are shown at 16 mm. unless otherwise stated.

8. Films that are marked (S) may be booked through the State Health Department without rental charge. They are provided by the Extension Division of the U.S.A.C. Educational Service regulations govern the use of these pictures.

Address all requests to:

Division of Health Education  
State Health Department  
Bismarck, North Dakota

454824

WA

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(From time to time between July 1943 and July 1944  
supplementary film lists will be issued.)

SCIENTISTS ARE MAKING DISCOVERIES

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## FILMS

Information concerning the booking, use and return of films.

1. Films provided through our service may not be used outside of North Dakota.
2. Films are loaned on a non-rental basis. The user is asked to pay return transportation charges.
3. When booking films please specify exact day or days on which the films are to be used. If you desire to use the same films at several meetings, they may be booked continuously provided the meetings are not over two or three days apart. Films should not lie idle in the field.
4. Our supply is limited and we suggest that requests be placed at least two weeks and preferably four weeks in advance.
5. Films should be returned immediately after the last showing for which they are booked.
6. Sound films cannot be used on silent projectors without permanent damage to the films!
7. All films listed are 16 mm. in size and are sound pictures unless otherwise stated.
8. Films that are marked (#) may be booked through the State Health Department without rental charge. They are provided by the Extension Division of the N.D.A.C. Extension Service regulations govern the use of these pictures.

Address all requests to:

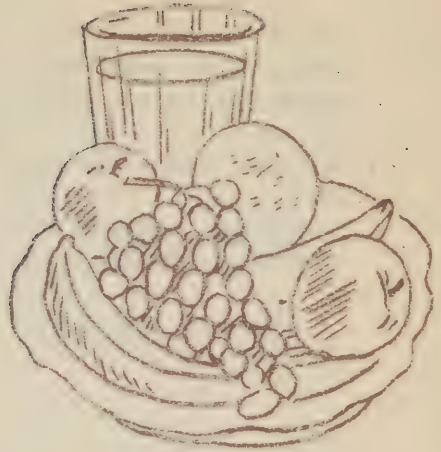
Division of Health Education  
State Health Department  
Bismarck, North Dakota

434824

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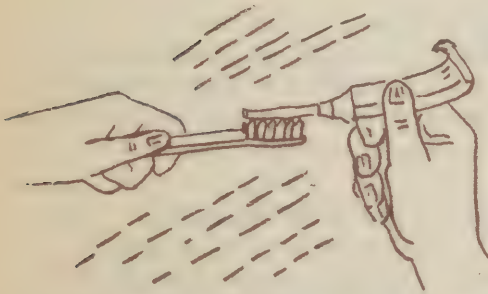
## N U T R I T I O N



"Behind the Smile": A technicolor film 15 - minutes in length. This film emphasizes the much discussed subject of nutrition especially as it relates to dental health. The film is quite suitable for use from grades three through high school and has an appeal for adults.

"For Health and Happiness": Time - 12 minutes

This film emphasizes the essentials of food nutrition as related to general good health. It will appeal to children in the junior and senior high school as well as to adults.



## D E N T A L H Y G I E N E

"About Faces": Time - 12 minutes. This film stresses the importance of early and regular care



of the teeth by the dentist. Good oral hygiene and proper nutrition are discussed but the main emphasis is on dental care. It is suitable for use with children in grades four and on up through the high school as well as adults.

"About Faces": Same as above, but in technicolor and running 18 minutes.

"Behind the Smile": For description see "Nutrition".

P R E V E N T A B L E  
D I S E A S E S



TUBERCULOSIS

"On the Firing Line": Time - 12 minutes. Delineates very vividly our fight against a great disease. The emphasis is placed on early diagnosis, adequate treatment and cure. Very stimulating for grades six to twelve and for adults.

"Let My People Live": Time - 12 minutes. This film was framed in the deep South with special emphasis on tuberculosis among our colored race. Experience has taught us that this is one of our best films on tuberculosis. The educational material is pertinent to white as well as black races. It is highly dramatic with music by the

-3-

Tuskegee Choir. Those who see it will want to see it again. Appeals especially to music lovers, but fascinates all audiences. May be used in grades six through twelve.

"Behind the Shadows": Sound or silent. Time - 15 minutes. Highly educational film replete with information about controlling this great disease. Will be enthusiastically received by grades six through twelve and by adult audiences.

"They Do Come Back": Time - 12 minutes. This film has been produced especially to expell the mistaken idea, held by many, that once you have had tuberculosis you will be an invalid for the remainder of your life. This picture gives new hope to those with tuberculosis. It reemphasizes preventive measures and above all portrays in dramatic fashion that "they do not go to a sanatorium to die but that they do come back." For grades ten through twelve and adults.

"Goodbye Mr. Germ": Time - 12 minutes. Here is a film especially prepared for grades three, four and five. Experience has shown us that adults enjoy it equally as much. It has been rated as the best production in its field. You can't miss seeing this excellent film rivaling Walt Disney's creations. The tuberculosis germ tells his story. Entertaining and educational.

"Another to Conquer": Time - 12 minutes. A picture which is filmed by Indians for Indians but equally fascinating and educational for white children and adult groups. This should be especially appealing to people in areas with a large Indian population.

"Cloud in the Sky": Time - 20 minutes. This film depicts the life of our Mexican population. The causes, symptoms, and treatment of tuberculosis are clearly presented. Suitable for use in grades six through twelve and adults.

"Middletown Goes to War": Time - 20 minutes. A victory film. Shows how the citizens of a rapidly expanding factory town solve the problems of tuberculosis. Explains transmission, examination, diagnosis, and treatment of the disease. Especially adapted for high school students and adults.

"Sand in the Gears": Time - 20 minutes. An up-to-the minute war feature on "T.B. the Saboteur". Shows many war scenes of the men behind the men behind the guns. Methods of examination and diagnosis in the army are shown. Very interesting for upper grades and adults.

"The Story of My Life": A silent picture. Time 12 minutes. This is a cartoon type of film in which Mr. T.B. Germ tells his story. It is entertaining and educational, and can be used for grades five through twelve and adults.

## CANCER

"Choose to Live": Time - 12 minutes. It portrays vividly and poignantly a young woman's struggle against the hidden fear of cancer. This will teach the modern woman that fear of cancer need not dog her footsteps and rob her of anticipating future happiness for her family. This film is stirring, dramatic and educational. It may be used on the high school level in connection with class work. It is especially recommended for adults.

"Enemy X": Time - 14 minutes. This film is particularly adapted for use by professional groups interested in cancer control and can be used for any adult group.

## PNEUMONIA

"Pneumonia": Time - 12 minutes. The cause of the disease, means of prevention, and methods of treatment are well depicted. Suitable for young people of high school age and adult groups.



## DIPHTHERIA

"Let's Keep the Killer Down": Time - 12 minutes. Methods of treatment and prevention of diphtheria are well presented, together with a description of the production of anti-toxin and toxoid. This film is suitable for high school students and adults.

## INFANTILE PARALYSIS

"A Report to the People" : Time - 12 minutes. An interesting picture showing the progress of medical science in treatment of infantile paralysis. Scenes of the 1916 epidemic are shown which vividly depict the ravages of the disease.

## VENEREAL DISEASE

"With These Weapons": Time - 12 minutes. It dramatizes the weapons which are used to combat these diseases and emphasizes the need for preventive measures. This picture can be shown to mixed groups of high school age or adults. It has been shown in many schools and to many audiences throughout the State and received with great enthusiasm.

"In Defense of the Nation": Time - 12 minutes. Especially filmed to stress the need of health among soldiers and sailors. This film is pertinent for those areas in which recreational facilities are limited. This picture can be shown to mixed groups of high school age & adults.

"Plain Facts": Time - 12 minutes. This film recently released is replete with information about venereal disease. Adapted for mixed audiences of high school age or adults. Informative, appealing, professional.

"Syphilis, Its Nature, Prevention and Cure": A silent picture. Time - 25 minutes. Nature of the disease, methods of prevention, and methods

of treatment are well described. This film is particularly suitable for adults but can be used in the upper grades of high school in connection with class work.

"Health Is A Victory": Time - 12 minutes. Cause of gonorrhea, methods of transmission, prevention and treatment are clearly described. It is suitable for mixed groups of high school age and adults.

"Know for Sure": Time - 22 minutes. This picture deals with prophylactic measures for syphilis. It should be shown to male groups only who are of high school age and adults.

"Know for Sure": Time - 18 minutes. (version for mixed groups).

"Fight Syphilis": Time - 18 minutes. A victory film, showing transmission, diagnosis, treatment, and methods of fighting this disease. Adaptable to mixed groups of high school students and adults.



S A N I T A T I O N

## WATER

"The Ominous Arms Case": Time - 30 minutes. An interesting court drama woven around the development of sanitary plumbing practices with particular reference to back siphonage. Of general interest and value to all but more particularly adults and those of high school age. Clearly illustrates the need for regulation of the plumbing industry.

"The Contamination of Water Supplies by Back Siphonage": Time - 20 minutes. Picture with the same aims and purposes as Ominous Arms Case but sheered of all drama. Goes into more detail on plumbing hazards and shows the methods of eliminating same. Particularly adaptable to semi-technical groups such as those charged with plumbing installations or the safety of a city water supply but of general interest to all.

"Protection of Small Water Supplies": Time - 12 minutes. Illustrates in detail essential location and construction details involved in the proper construction of safe water wells. A much better understanding of proper well construction will be had after reviewing this film. An extremely valuable picture for rural and small town groups but of general interest to everyone.

"Health and the Cycle of Water": Time - 30 minutes. Clearly depicts water and sewage treatment processes showing reasons for such facilities. Is an interesting and informative picture adaptable to adult groups and should be of considerable value in connection with class work in high schools where water and sewage treatment processes may be referred to.

"Every Drop a Safe One": Time - 12 minutes. Deals largely with methods of purifying surface water for drinking purposes. Is of particular value in cities where such treatment plants are being used and people desire to learn more about them.



## RESTAURANT SANITATION

"Eating Out": Time - 30 minutes. A silent film. Contrasts careless methods of food handling and correct procedures and emphasizes fundamental principles of food hygiene and restaurant sanitation. May be used at all grade levels but especially interesting to adults.

"Slinging Hash": A silent film, Emphasizes proper handling of eating utensils and how disease may be spread by dirty glasses.

## GENERAL SANITATION

"Keep 'Em Out": Time - 15 minutes. Shows how rats live and explains to what extent they are a public health and economic menace. Methods of controlling rats and rat-proof construction are featured in the film. Is very interesting and educational.

# "The House Fly": Time - 15 minutes. Follows the common house fly through its various stages of development and directs attention to its role as a disease carrier. Practical examples for its control are illustrated.

"What Price Health": A silent film. Time - 18 minutes. An excellent film on rural sanitation, illustrating the sanitation measures that can be carried out for health protection in rural and unsewered areas.

M A T E R N A L

A N D

C H I L D

H Y G I E N E



"Motherhood, Life's Most Important Job": Time - 12 minutes. This film is replete with information for the expectant mother. The information is presented in a modest way and can be shown to lay young adult audiences. Because the film requires supplementary comments and often raises questions which the lay individual is unable to answer, it is suggested that a nurse or doctor be invited to attend meetings at which this film is shown. Due to its excellent educational value it is hoped that teachers will avail themselves of the assistance this film can give to senior high school girls.



N U R S I N G

"Nursing": Time - 12 minutes. Stresses that if you want to be a professional nurse, it is

necessary to choose a good school of nursing because only a good school of nursing will give you the preparation on which your future as a nurse must depend. Depicts various phases of nursing. Excellent.



S A F E T Y  
A N D  
F I R S T A I D

Persons using the following films marked (#)  
should refer to Regulation 8 in regard to their use.

# "Safety in the Home": Time - 12 minutes. It shows interesting and instructional safety practices clearly.

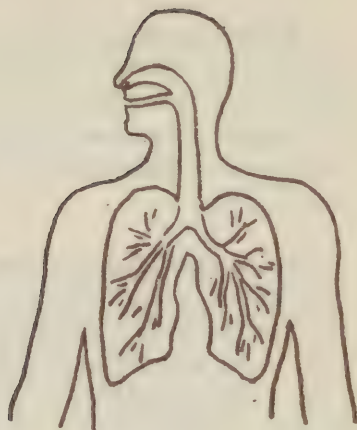
# "The Fireman": Time - 12 minutes. Care of equipment, drills, testing of trucks, hose, ladders, and life saving devices are shown in typical settings. Shows the firemen answering the alarm and extinguishing the blaze.

# "Drunk Driving": Time - 25 minutes. Crime does not pay series. A story which illustrates that driving and drinking don't mix.

"Help Wanted": Time - 35 minutes. A general presentation of the basic principles of First Aid. An instructional picture that should be shown to every first aid class.



T H E  
H U M A N  
B O D Y



These films are particularly valuable as classroom aids in teaching biology.

# "The Alimentary Tract": Time - 12 minutes. Demonstrates motility phenomena of the gastro-intestinal tract including normal movements, hypermotility, inhibition, hunger contractions, segmentation, peristalsis and antiperistalsis.

# "Body Defenses Against Disease": Time - 12 minutes. The skin, the lymphatic and circulatory systems, the liver and spleen are treated by animated drawings and photomicrography. Actions of phagocytic cells and serums are depicted.

# "Digestion of Foods": Time - 12 minutes. Mastication, swallowing, stomach contractions, intestinal segmentation, peristalsis, glandular activity, and villi motility are well shown. Laboratory demonstrations objectify chemical reactions.

# "Endocrine Glands": Time - 12 minutes. Gives the nature and function of the parathyroid, pituitary, pancreas, and thyroid glands. Insulin as related to diabetes, hyper and hypothyroidism,

and mammary gland stimulation is also treated.

# "Heart and Circulation": Time - 12 minutes.  
Mechanics of the pulmonary and systemic systems, capillary action, and blood pressure as related to health are depicted. Amplified heart beat sounds are reproduced in synchronization with valvular action.

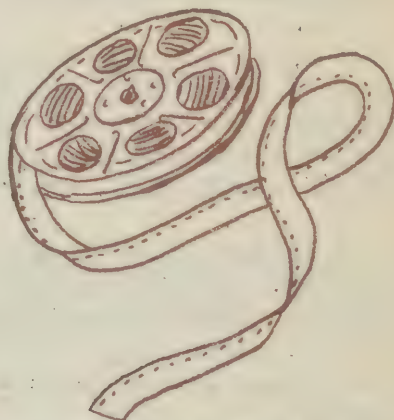
# "Mechanics of Breathing": Time - 12 minutes  
The breathing process, including gaseous exchange in the lungs and body tissues; nervous control of breathing; and factors affecting rate and depth of breathing. Pathological conditions are revealed and artificial respiration is demonstrated.

# "Reproduction Among Mammals": Time - 12 minutes.  
Animated photography tells the story of mammalian reproduction including fertilization, cleavage, blastulation, gastrulation, formation of neural folds, development of membrane, embryonic circulation, and parturition. Amphibian cell division is shown by means of photomicrography.

# "The House Fly": See General Sanitation.

M I S C E L L A -

N E O U S



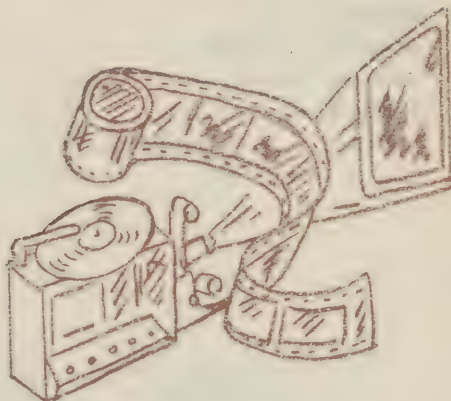
"Schooldays in the Country": Time - 20 minutes.  
This film is directed to the rural school teacher, parent and school officer. Filmed in typical country schools, it pictures health problems common

to the one and two room school. It gives practical suggestions for solving them and for making the maximum and best use of equipment and facilities on hand.

"Your Health Department": Time - 25 minutes.  
This film depicts the activities of State and local health departments.

# "Posture": A silent film. Time - 15 minutes.  
Prepared in cooperation with the American Posture League, this demonstrates the effect of posture on chest size, position of abdominal organs, and General personal appearance.

F I L M  
S T R I P S



WITH SOUND

These films are 35 mm. and may be shown in any projector equipped to show  $\frac{1}{2}$  frame still pictures. A description of the pictures is provided by means of a 16 inch phonograph record which must be played at  $33 \frac{1}{3}$  revolutions per minute. Many garages have machines that will play this large record at the right speed.

The Cold Bug  
In Your Hands (restaurant sanitation)  
KaChoo (common cold)  
Cause and Effect (accident prevention)



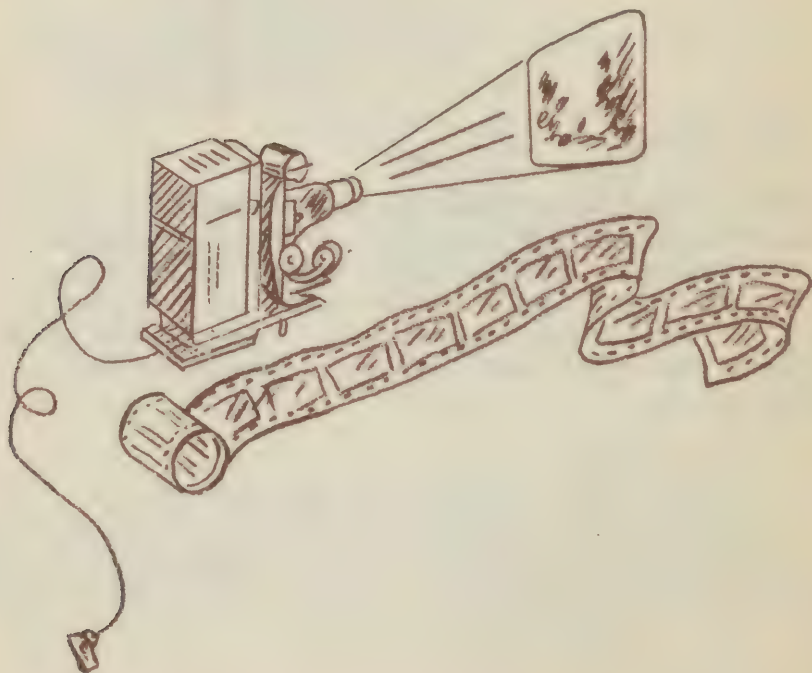
First Aid  
Enemy of Youth (venereal disease)  
For All Our Sakes (venereal disease)  
Safe Water  
Food Keeps You Fit  
Stay On the Beam (general health)  
Take Care of Yourself (general health)

### SILENT STRIPS

The following 35 mm. film strips can be used in any projector equipped to show  $\frac{1}{2}$  frame still pictures.

#### Health Heroes:

Robert Koch  
Walter Reed  
Edward Trudeau  
Madame Curie  
Edward Jenner  
Florence Nightingale  
Louis Pasteur



## HEALTH PAMPHLETS

Persons requesting health pamphlets should ask for samples to determine their usability. Our supply is limited, therefore requests should be made only for such pamphlets that will be used.

### DIET AND NUTRITION

Dry Skim Milk	Noon Meal at School
Food After Forty	Road to Good Nutrition
Food for Fitness	20 Questions on Enriched
Good Food for Good Health	Flour

### DENTAL HYGIENE

Good Teeth  
Jimmy Chew (for primary children)  
Care of the Teeth  
Facts About Teeth and Their Care

### PREVENTABLE DISEASES

#### Tuberculosis

Tuberculosis  
Tuberculin Test  
Element'ry, My Dear Holmes, Element'ry  
(Home defense against T.B.)  
Pneumothorax (lung collapse therapy)  
What You Should Know About Tuberculosis

#### Cancer

Detectives Wanted  
Obey Cancer Danger Signals  
What to Know What to Do About Cancer  
What Everyone Should Know About Cancer

#### Venereal Disease

The Doctor Says  
Gonorrhea, the Crippler  
Great Imitator  
Hidden Costs in Industry

It Doesn't Pay  
Jerry Learns a Lesson  
Prostitution and the War  
Syphilis and Your Town  
Syphilis, Its Cause, Its Spread, Its Cure  
You Can End This Sorrow

### General

Appendicitis  
Catching Typhoid  
Control of Communicable Disease  
Diabetes  
Do You Know (diabetes)  
Germs ( a general exposition)  
Infantile Paralysis  
Measles  
Mumps  
Neglected or Protected (diphtheria)  
Pneumonia  
Protect Against Lockjaw  
Protect Against Whooping Cough  
Rabies  
Respiratory Diseases  
Rheumatism  
Scarlet Fever  
Simple Goiter  
Smallpox Keep Out  
Whooping Cough  
Vaccination Protects You Against Smallpox

### SANITATION

Sanitary Facilities at Rural Schools  
Minimum Sanitary Standards for Water and Sewage  
Systems at Public Schools  
Minimum Standards for Public Water Supplies  
Minimum Standards for Public Sewerage Systems  
Minimum Standards for Swimming and Wading Pools  
Proper Well Construction  
Decontamination of Flooded Wells  
Home Pasteurization of Milk  
Model Ordinance and Code Covering Milk Production,  
Processing, Cross-connections, Sewer Ordinance,



## MATERNAL AND CHILD HYGIENE

Are You Training Your Child to be Happy?

Better Care for Mother and Child

Breast Feeding

Child from One to Six

Child Management

Expectant Mother

Feeding Your Baby

Good Habits for Children

Guiding the Adolescent

Infant Care

Keeping the Well Baby Well

Mother! Nurse Your Baby!

Prenatal Care

Well Nourished Children

## SEX EDUCATION AND SOCIAL HYGIENE

Healthy Happy Womanhood

Women and Their Health

Health for Man and Boy

Marriage and Parenthood

High School and Sex Education

Social Hygiene Takes Battle Stations

## MISCELLANEOUS

Care of the Eyes

Community organization for Health Education

Extension of Public Health Coverage to the Nation

First Aid

Hearing

How to Stop Home Accidents

In the Teens (for parents interested in their  
children's behavior)

Keeping Fit Through Exercise

Posture

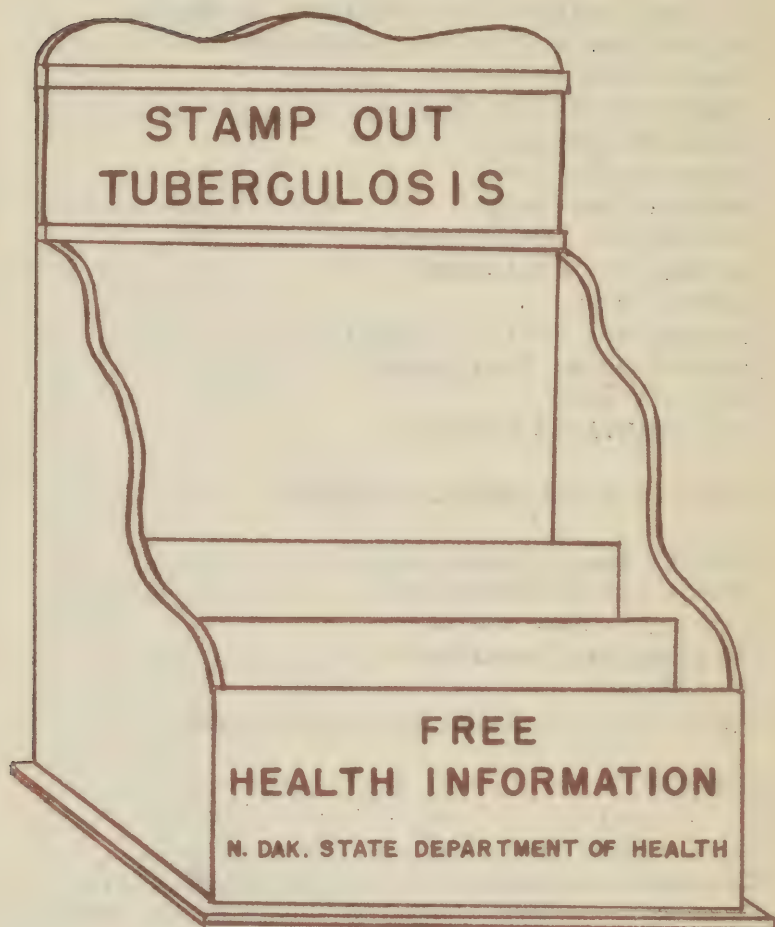
Protecting your Heart

What Every Teacher Should Know About the Physical  
Condition of Her Pupils

Accidents and Opportunity

Guide to the Prevention of Weight-Lifting Injuries

## PAMPHLET RACKS



Size: 16"x12"x6"

As long as these racks are in stock they may be obtained upon request for display of health literature. Cream and natural colored racks are available. When requesting racks specify color desired.

The words "Stamp Out Tuberculosis" on the above rack are printed on a cardboard title strip. The strip is then slipped into slots that hold it in place. Various strips are provided and can be used in place of the one illustrated on this rack.

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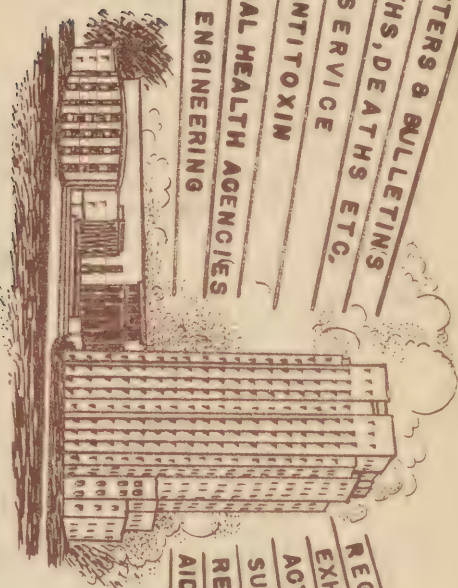
GIVE THE PEOPLE LIGHT AND  
THEY WILL FIND THEIR WAY

SERVICE RENDERED BY

NORTH DAKOTA DEPARTMENT OF HEALTH

LITERATURE, POSTERS & BULLETINS  
STATISTICS OF BIRTHS, DEATHS ETC.  
LABORATORY SERVICE  
FREE VACCINES & ANTITOXIN  
CO-OPERATION WITH LOCAL HEALTH AGENCIES  
ADVICE ON SANITARY ENGINEERING

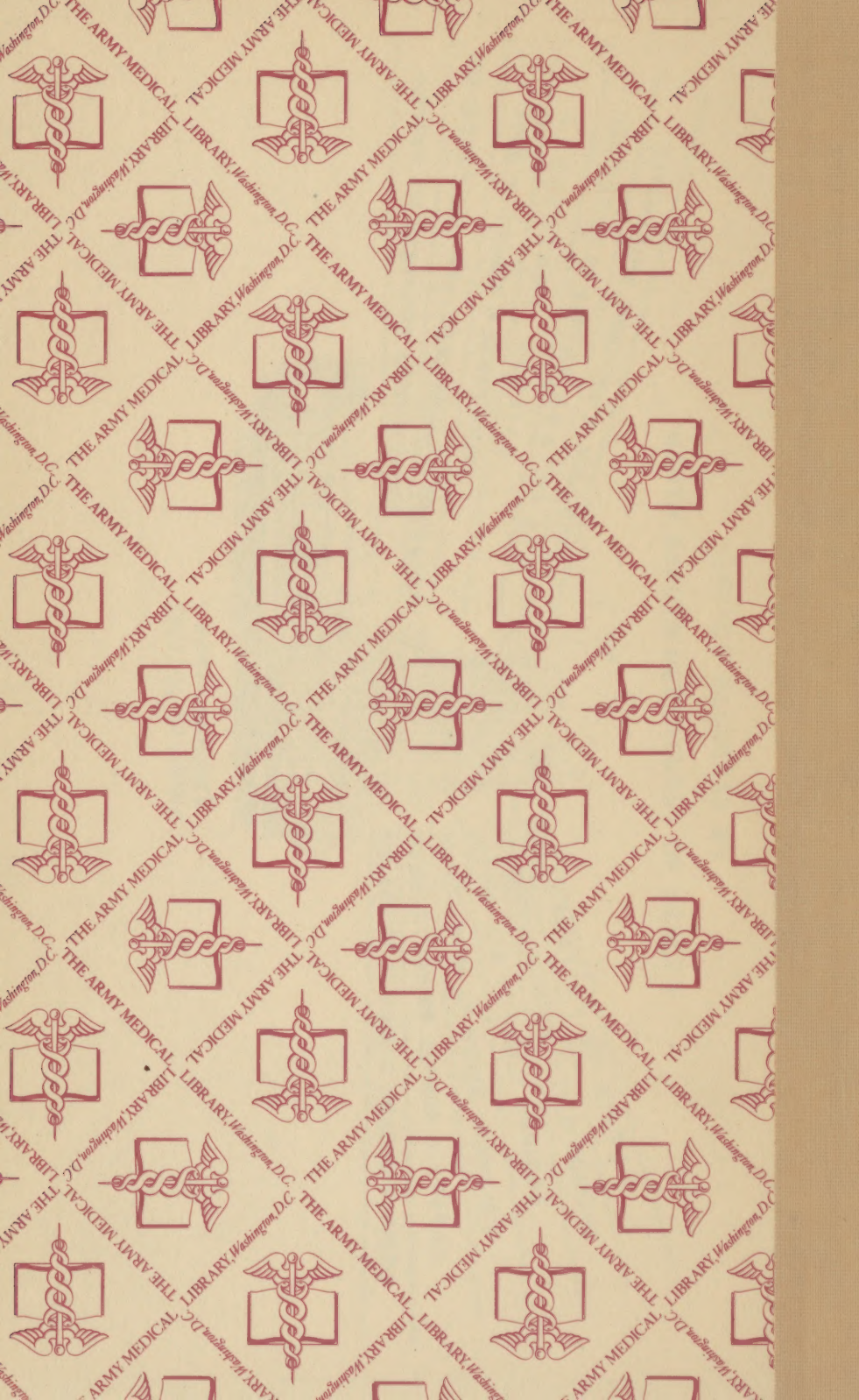
REGISTRATION OF BIRTHS  
EXHIBITS, LECTURES & FILM SERVICE  
ACTIVE AID IN CHILD HYGIENE  
SUPERVISION OF WATER SUPPLIES  
REGULATION OF SEWAGE DISPOSAL  
AID, ADVICE IN PUBLIC HEALTH NURSING



NORTH DAKOTA'S  
CAPITOL BUILDING







**PRESSBOARD  
PAMPHLET BINDER**

Manufactured by  
**GAYLORD BROS. Inc.**  
Syracuse, N. Y.  
Stockton, Calif.



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